



IF YOU'RE READY TO...

Quit Smoking *now!*

Register Today for FREE!

This is a 5 week program to become Tobacco-Free & includes Nicotine Replacement Therapy (NRT) Patches at NO COST to you!

**Program meets weekly from Tuesday, September 13 – October 11
3:00 pm – 4:00 pm**

**South Florida Community College
600 West College Drive
Avon Park, 33825
Building B, Room 206**

**For more information about attending this class or to register please contact:
1-877-252-6094**

A curriculum developed by ex-smokers for those who want to become ex-smokers themselves



This program is sponsored by the Florida AHEC Network and the Florida Department of Health