# CAREER EXPLORATION ACTIVITIES

Name: _____ Date: _____

Career or Occupation of Interest: _____

Career exploration is an important step in the career development process. Information gathered during this step can be crucial to evaluating occupations and identifying those jobs, which meet your personal interests and needs.

Career information can be gathered from a variety of sources, i.e. informational interviews, computer based systems, field trips, job shadowing, volunteer work, printed materials, etc. You are encouraged to utilize any and all sources available to you.

The following questions may assist you in your career decision making. Please complete this worksheet using any of the activities listed in the above paragraph.

- What activities does someone in this job actually perform on a daily basis?

_____

_____

- What are some occasional activities that someone in this position be expected to do?

_____

_____

- What education, training, or other qualifications are necessary for employment in this field?

_____

_____

- Are there opportunities for growth or advancement in this field, and what would it be?

_____

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_____

- Are there openings for this type of employment in this geographic area? Please list some of the contacts.

_____

_____

- Will this job still be in demand in the future?

_____

_____

- What are the general work conditions? (work hours, temperature, traffic, general environment)

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_____

- What is the salary range for this type of job in the area? _____

- Are benefits offered? If so, what type, (health insurance, sick or vacation leave, profit sharing, retirement plan)

_____

_____

- Identify the things you think you would like about this type of work.

_____

_____

- Identify the things you think you would not like about this type of work.

_____

_____

- Do you have any other comments or questions that you would like to explore?

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