

Webinars Bring BayCare Support to Students



Support students' emotional wellbeing with webinars focused on the uncertainties we face during COVID-19. The BayCare Student Assistance Program (SAP) team has developed several webinars to address students' concerns, including:

- Stress, Anxiety & COVID-19
- Isolation Getting You Down? Take a New Look
- Finding My Positive Thoughts in a Negative World
- The New Normal: A way of Living and Thriving

Contact us at BayCareSAP@baycare.org to discuss webinar opportunities for your college.



Webinar Format

After a brief introduction, a BayCare Behavioral Health clinical educator presents for 20 minutes, followed by Q&A either verbally or via chat.

The college hosts webinars on its selected virtual platform to ensure ease of access by students.

The college may elect to record webinars and post on the student portal for future reference.

Individual webinars or series are available, and topics can be tailored to meet a college's specific concerns.

Faculty and staff may also attend.