

Building a Successful Career

A strong foundation is crucial to a successful career. Embark on your nursing pathway at South Florida State College.



- 🎸 Simple registration
- Short-term training
- 🗸 Hiring assistance
- Smaller class size = more one on one with instructor
- 🗸 Staff support from start to finish
- Hands-on learning
- Free tuition opportunities**

Free Tuition

**We partner with several programs that offer FREE TUITION to qualified applicants. Open Door Grant - apply at: southflorida.edu/opendoorgrant

CareerSource Heartland - For those living in Highlands, Hardee, DeSoto, or Okeechobee, age 18 or older, and low income household.

• 863-385-3672 ext. 1328

Military and Veteran Benefits

863-784-7128

Panther Youth Partners - Serve those 24 years of age and under. • 863-784-7054

 Farmworker Career Development -Helps individuals and their households who worked in agriculture during the past two years.
 863-784-7166

Vocational Rehabilitation - Helps those with disabilities get or keep a job.

• 863-593-6261

Stats from a local partner: Locally CNA's earn \$17-\$22 per hour

Contact us today:

Renee LaDue

- 6 863.784.7034
- renee.ladue@southflorida.edu
- 9 600 W. College Dr. , Avon Park, FL 33825
- Like us on facebook at SFSCCCE
- 🛑 Visit southflorida.edu/nursingassistant



Healthcare

Nursing Assistant

Evening/Weekend Class: 165 hours - 12 Weeks

BLS & AED Certification SFSC Certification State license via FL. Dept. of Health upon successful examination

> Get Hired and/or Continue Education

Licensed Practical Nurse (LPN)

Completion of ATI TEAS® Exam 1350 Contact Hours - 11 Months

SFSC Certification

Get Hired and/or Continue Education

Transition Program LPN to RN

Approximately 1 Year Become eligible to take the NCLEX exam for licensure as an RN

Baccalaureate Post-Licensure (RN to BSN) Nursing Assistant Employer Partnerships

Advent Health - 13 hospitals

HCA Florida Highlands Hospital

မြို့မှု Employers

Healthcare learning competencies may be customized for a business to elevate their employees skills.

Call Renee LaDue for a training plan to meet the needs of YOUR business.

SFSC has employability skills training for healthcare workers to earn CEU's.

To advertise your job opportunity for free on College Central Network and connect with SFSC students and other college students around the state, contact SFSC's Career Development Center at 863-784-7410.

Community



SFSC offers CPR/BLS for specific program pre-requisite or for Community Education.

We can come to your facility. Contact us for special pricing.

Program Contacts:

Nursing Assistant - Mrs. Renee LaDue Office: University Center / 116 Phone: 863-784-7034 email: renee.ladue@southflorida.edu

LPN Academic Advisor - Ms. Danielle Ochoa Office: Health, Science and Education Building Phone: 863-784-7027 email: ochoad@southflorida.edu

Program Navigator - Mrs. Mary von Merveldt Office: Health, Science and Education Building Phone: 863-784-7428 email: vonmerveldtm@southflorida.edu



FOR COURSE DATES!

CARING FOR YOUR FUTURE!

NO APPLICATION OR FAFSA REQUIRED.

ASK US HOW TO GET STARTED

AS SOON AS TODAY!

Schedule for Health and Public Safety

Nursing Assistant - \$1,696.10*

*Includes tuition, lab supplies, fees, uniforms, and CNA pack. Additional fees required: books \$217.85, CPR training \$65, non-refundable background fee \$55.32, and non-refundable drug screening \$36.99.

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
1/117		Highlands		108	33877		M, T, W,	5:30—9 p.m. M, T, W
VHZ	0505	Highlands	UC	108	53877 INIAY 8—JULY 9, 7	May 8—July 9, 2024	Sunday	7 a.m.—3:30 p.m. Sunday

Nursing assistants must demonstrate a minimum competency to read and write and successfully pass the required background screening. Nursing assistants work under the supervision of a licensed practical nurse (LPN) or registered nurse (RN) to assist patients with personal care, maintaining mobility, nutrition and hydration, toileting and elimination, take vital signs and record them, perform CPR if needed, putting on and taking off assistive devices, collecting and recording basic patient data in a digital database. They are responsible for reporting any abnormal signs and symptoms, postmortem care, patient socialization and reality orientation, end-of-life care, cardiopulmonary resuscitation and emergency care. Nursing Assistants are employed by outpatient clinics, hospitals, and long-term care facilities. Upon successful completion of this course, you will earn the 90-hours of Introduction to Health Care and 75-hours of Nursing Assistant, thus acquiring technical and academic knowledge needed for taking the state certification exam, employability, and for further education advancement in Health Science careers.

There is a 2-tier eligibility process. Tier 1 consists of a physical, immunization/titers, medical standards and student/family health history background. After completing and returning ALL of these medical requirement forms to the program specialist, then as part of Tier 2, you must submit to a background check/fingerprinting and a drug screening. Students are responsible for the cost of drug screening, medical exams, and immunizations. Must be at least 18 years of age. **CPR is required for this course. Dates and location of next CPR course are on page two of this schedule. You must pre-register for the CPR course by calling 863-784-7405. Cost for CPR course is \$65.**

To access the forms to begin the enrollment process in the nursing assistant program, visit <u>www.southflorida.edu/nursingassistant</u>. For more information, call 863-784-7034.

IV Therapy - \$325

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
VHZ	0604	Highlands	HSC	0104	12352	August 7-11, 2023	M-F	M-R 9 a.m 4 p.m.;
VHZ	0604	Highlands	HSC	0104	33898	May 27—31, 2024	M-F	M-R 9 a.m 4 p.m.;

This training program is recommended for LPNs who wish to fulfill the State of Florida 30-hour requirement for IV therapy training (following Board of Nursing rules as outlined in Chapter 64B9-12.005). This course is recognized by the Florida Board of Nursing and complies with all requirements regarding the LPN performance procedures for intravenous therapy. *Course prerequisite: Must be a licensed practical nurse (LPN) or a recent practical nurse graduate. Purchase of course book required for class. Course book title: Phillip's Manual of I.V. Therapeutics: Evidence-Based Practice for Infusion Therapy, 8th Edition. To register, call **863-784-7405**.

Dental

Local Anesthesia Administration for Dental Hygienists - \$1,000DHZ-0003										
	Subject	Program ID	Campus	Building	Room	CRN	Dates Day and Ti			
	CHZ	0003	Hybrid	T1	0108		Call 863-784-7032	Varies		

Certification course for licensed Florida dental hygienists. This 60-contact hour course was designed to meet the requirements outlined by Florida Statute 466.017 for Administration of local anesthesia by dental hygienists. 30-hour online didactic component, 14-hour observation component, and 16-hour evening clinical component. Prerequisites: Copy of current Florida dental hygiene license, current CPR/BLS certification and purchase course book: Local Anesthesia for Dental Professional ISBN: 9780323073714. Clinicals are required attendance at the Highlands campus in Building T1, Room 108. Clinical hours to be announced. To register, call **863.784.7405**.

BLS/CPR and First Aid Training

BLS/CPR - \$65

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
CCZ	0507	Highlands	UC	108	25879	Jan. 23, 2024	Т	1-5 p.m.
CCZ	0507	Lake Placid	300	302	25880	Feb. 3, 2024	S	8:30 a.m 12:30 p.m.
CCZ	0507	Highlands	UC	108	24836	Feb. 20 <i>,</i> 2024	R	5 - 9 p.m.
CCZ	0507	DeSoto	А	119	25868	March 2, 2024	S	8:30 a.m 12:30 p.m.
CCZ	0507	Highlands	UC	108	25882	March 26, 2024	Т	4—8 p.m.
CCZ	0507	Hardee	А	110	25870	April 6, 2024	S	8:30 a.m 12:30 p.m.

This course covers new or renewal training in Health Care Provider BLS (CPR and AED) through the American Heart Association by a certified BLS instructor and meets or exceeds the 2015 American Heart Association guidelines. Students will participate in simulated clinical scenarios and learning stations, skills practice, and skills testing. Students are required to complete and pass written exam. Upon successful completion of the course, participants will receive an email with a digital American Heart Association Course Completion Card attached. This card is valid for two years. To register, call **863-784-7405**.

First Aid - \$60

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
CCZ	0505					Call 863-784-7032		

Learn to identify and appropriately respond to various emergencies with first aid training. Immediate care for a victim can potentially reduce the damage caused by an injury until advanced medical personnel arrive and are able to take over. Our course provides general education in basic first aid techniques. You'll learn how to treat injuries such as: cuts, burns, broken bones, choking, heart attacks, strokes, bee stings, and anaphylactic shock. Upon successful completion of the course, participants will electronically receive an American Heart Association Course Completion Card valid for two years. To register, call **863-784-7405**.

OSHA - Occupational Safety and Health Administration

Occupational Safety and Health Administration (OSHA) 10-Hour General Industry - \$159

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
TIZ	0014					Call 863-784-7008		

The OSHA outreach training program for general industry provides instruction for workers and employers on the recognition, avoidance, abatement, and prevention of safety and health hazards in the workplaces in general industry. Through this training, OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights. For more information, call **863-784.7008**.

NOTE: This is a voluntary program and does not meet training requirements for any OSHA standards.

Health Occupations

Advanced Cardiac Life Support (ACLS) - \$125

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
EMZ	0205	Highlands	Public Safety Academy	CC 101		Call 863-784-7278		

This American Heart Association course is designed for all health care workers. This course meets the requirements for license renewal and continuing medical education (CME). Participants will build upon the foundation of basic life support (BLS) skills, with an emphasis on high-quality CPR. This 16-hour advanced course highlights the importance of recognition and intervention with acute coronary syndromes (ACS), cardiac dysrhythmia, stroke, cardiac arrest, and immediate post-cardiac arrest. Students will participate in learning stations designed to instill the importance of team dynamics and communication. Participants are required to have the most recent edition of the American Heart Association Advanced Cardiovascular Life Support textbook (2015 Guidelines) and take the pre-test found in the front cover of the text. Upon successful completion of this course, participants will receive an email with a digital American Heart Association ACLS Card attached. This card is valid for two years. For more information, contact Chris Fowler at <u>Chris.Fowler@southflorida.edu</u> or **863-784-7278**. To register, call **863-784-7405**.

Advanced Cardiac Life Support (ACLS) Renewal Course - \$100

Su	ubject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
	EMZ	0107	Highlands	Public Safety Academy	CC 101		Call 863-784-7278		

This American Heart Association course is designed for all health care workers and meets the requirements for license renewal and continuing medical education (CME). Participants will build upon the foundation of basic life support (BLS) skills, with an emphasis on high-quality CPR. This 8-hour renewal course highlights the importance of recognition and intervention with acute coronary syndromes (ACS), cardiac dysrhythmia, stroke, cardiac arrest, and immediate post-cardiac arrest. Students will participate in learning stations designed to instill the importance of team dynamics and communication. Participants are required to have the most recent edition of the American Heart Association Advanced Cardiovascular Life Support textbook (2015 Guidelines) and take the pre-test found in the front cover of the text. Upon successful completion of this course, participants will receive an email with a digital American Heart Association ACLS Card attached. For more information, contact Chris Fowler at <u>Chris.Fowler@southflorida.edu</u> or **863-784-7278**. To register, call **863-784-7405**.

Pediatric Advanced Life Support (PALS) - \$125

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
EMZ	0105	Highlands	Public Safety Academy	CC 101		Call 863-784-7278		

This American Heart Association course is designed for all health care workers who either direct or participate in the management of pediatric patients and meets the requirements for license renewal and continuing medical education (CME). Participants will build upon the foundation of basic life support (BLS) skills, with an emphasis on high-quality CPR. This 16-hour advanced course highlights the importance of recognition and management of respiratory and/or cardiovascular emergencies and cardiopulmonary arrest in pediatric patients. The students will participate in learning stations designed to instill the importance of team dynamics and communication. Participants are required to have the most recent edition of the American Heart Association Pediatric Advanced Life Support textbook (2015 Guidelines) and take the pre-test found in the front cover of the text. Upon successful completion of this course, participants will receive an email with a digital American Heart Association PALS Card attached. This card is valid for two years. To register, call **863-784-7405**.

Pediatric Advanced Life Support (PALS) Renewal Course- \$75

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
EMZ	0105	Highlands	Public Safety Academy	CC 101		Call 863-784-7278		

This American Heart Association course is designed for all health care workers who either direct or participate in the management of pediatric patients. This course meets the requirements for license renewal and continuing medical education (CME). Participants will build upon the foundation of basic life support (BLS) skills, with an emphasis on high-quality CPR. This 8-hour renewal course highlights the importance of recognition and management of respiratory and/or cardiovascular emergencies and cardiopulmonary arrest in pediatric patients. Students will partic pate in learning stations designed to instill the importance of team dynamics and communication. Participants are required to have the most recent edition of the American Heart Association Pediatric Advanced Life Support textbook (2015 Guidelines) and take the pre-test found in the front cover of the text. Upon successful completion of this course, participants will receive an email with a digital American Heart Association PALS Card attached. This card is valid for two years. For more information, contact Chris Fowler at <u>Chris.Fowler@southflorida.edu</u> or **863-784-7278**. To register, call **863-784-7405**.

Emergency Medical Technician Refresher

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
EMZ	0514	Highlands	Public Safety Academy	CC 101		Call 863-784-7278		

This 30-hour exceeds the State of Florida, FAC 64J-1.008 requirements the course meets or for renewal of Emergency Medical Technician (EMT) certification. Instruction includes classroom and skills verification required by the 1994 US DOT EMT-Basic Curriculum. National Standard Upon completion of this course, the participant will receive а certificate of completion for verification of training. For information related to dates/times this course is offered, contact Chris Fowler at Chris.Fowler@southflorida.edu or 863-784-7278.

AHA Skills Check - \$50

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time	
EMZ	0100	Highlands	Public Safety Academy	CC 101		Call 863-784-7278			
This 2-hour class is the required skills completion for ACLS/PALS course work. To schedule your skills check call Chris Fowler at									
Chris.Fowler@southflorida.edu or 863-784-7278. Student must present documentation of successful completion of online AHA coursework. To									

register, call 863-784-7405.

Emergency Vehicle Operators Course - \$130

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
EMZ	0296	Highlands	Public Safety Academy	CC 101		Call 863-784-7278		

This 16-hour course instructs participants on how to properly operate an emergency vehicle, specifically an ambulance. This training meets or exceeds the State of Florida (FAC 64J-1.013) requirements for operation of an emergency vehicle. This course includes both classroom and practical application activities. Successful completion requires passing a written and practical driving examination. Participants must have a valid State of Florida drivers license and be at least 18 years old to participate. We must have a minimum of six students to conduct the course. To register, contact Corporate Education at 863-784-7032 or corporatetraining@southflorida.edu.

Online Training

ed2go.com/sfsc—Prices as low as \$129.00

These high-quality courses are taught by industry experts and designed to quickly deliver specific skills and knowledge that help to advance personal or professional development. Our online classroom is informative, convenient, and highly interactive with 24/7 access. All classes start new every month and are in a six-week format. After successfully completing the course, you will earn a certificate of completion. Over 300 online courses are available. Just a sample of the classes offered at ed2go.com/sfsc are:

Medical Terminology: A Word Association Approach - This course teaches medical terminology according to each body system. Multiple graphics, study tips and unusual facts make for a most enjoyable course.

Introduction to Natural Health and Healing - Learn how to promote wellness, balance, and health in all aspects of your daily life.

Handling Medical Emergencies - Every second counts during a medical emergency. Learn how to respond if someone needs help.

Spanish for Medical Professionals - Learn medical Spanish quickly and easily, honing your basic conversational skills and mastering key health care words and phrases.

Certificate in Complementary and Alternative Medicine - (28 contact hours) Enhance your professional marketability by gaining a broad understanding of alternative health care options.

HIPAA Compliance - Learn how to comply with the duties, rights, and responsibilities of HIPAA, ARRA and HITECH.

Certificate in Spirituality, Health, and Healing - (25 contact hours) Enhance your professional marketability by recognizing the impact spiritual values and beliefs have on health and healing.

Certificate in End of Life Care - (21 contact hours) Earn a certificate proving you understand the needs of

individuals living with debilitating, chronic, or terminal illnesses.

Certificate in Growth and Development Through the Lifespan - (15 contact hours) Gain new insight into human development and be better prepared to care for patients of all ages.

Certificate in Legal and Ethical Issues in Nursing - (23 contact hours) Examine key legal and ethical issues to

improve your practice and provide better patient care.

Medical Math - Master the math skills you need to succeed in the medical field.

Certificate in Pain Assessment and Management - (24 contact hours) Increase the accuracy of your pain

assessment skills and become more effective in your pain management strategies.

Certificate in Perinatal Issues - (14 contact hours) Stay current with emerging trends affecting childbearing women, newborns, and families. Many More Courses Available!

Corporate and Community Education Dept. 863.784.7034 - email: corporatetraining@southflorida.edu

04.02.2024-tg www.southflorida.edu/corporatetraining • Students that are registered and paid or funding source on file will receive first priority for enrollment in the course. Enrollment numbers must be achieved in order for course to be offered. All classes are subject to change. No refunds after class begins or 5 for unsatisfactory grades. Health Occ (Nursing, Dental) 120032; Public Service Health (EMT) 120033; Public Service (Law Enforcement) 120037

Public Safety

Equivalency of Training - \$1,100

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
VCZ	0214	Highlands	Criminal Justice			Call 863-784-7285		

This 40-hour course will prepare out of state officers for employment opportunities in the State of Florida. SFSC offers an Equivalency of Training course to former Florida and eligible out-of-state officers that allows them the opportunity to become a certified Florida Law Enforcement Officer. For the application packet, email Michael.Austin@southflorida.edu or call 863-784-7282. Must be approved prior to registering.

Security Guard Certification, Class D - \$200

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
VCZ	0800	Highlands	Criminal Justice			Call 863-784-7285		

This 40-hour course is required to work as a State of Florida Licensed Security Guard, with a Class D License. Topics covered will include patrol techniques, first aid CPR, terrorism, Florida Statutes, and those mandated by the Department of Agriculture. **YOU MUST REGISTER BEFORE THE START OF THE COURSE TO ATTEND.** To register, call **863-784-7405**. For more information, contact the Criminal Justice Academy at 863-784-7285.

Concealed Weapons

Concealed Weapons Permit - \$55

VLZ-0040

Subject	Program ID	Campus	Building	Room	CRN	Dates	Days	Time
CLZ	0040	Highlands	Criminal Justice	222		Call 863-784-7285		

This four-hour course is required to carry a concealed firearm in Florida. Topics covered will include Florida Everything Statutes, use of deadly force, carry restrictions, and a live-fire exercise. for the course will be provided. YOU MUST REGISTER BEFORE THE START OF THE COURSE. For more information and to request dates for future classes, contact Criminal Justice Academy 863-784-7285 visit website the at or our at southflorida.edu/publicsafety.

Live Range Training for Concealed Weapons Permit Holders - \$65

Subject	Program ID	Campus	Building	Days	Time	
CLZ	0042	Highlands	CJA Firearms Range*	T.B.A	T.B.A	

This four-hour course is designed to provide training to anyone who already has a valid concealed weapons permit. Instruction will include basic weapons handling, marksmanship, live-fire exercises, care and cleaning of a handgun. Authorized weapons include revolvers or semi-automatic handguns in calibers .22, .25, .32, .380, 9mm, .38, .357, .40, .45, and .44. Handguns chambered in rifle calibers or fully automatic weapons will not be allowed. Anyone interested in taking this course must bring a handgun and 50 rounds of factory ammunition; all other materials will be supplied. YOU MUST REGISTER BEFORE THE START OF THE COURSE. At the start of class, you MUST present vour Concealed Weapons Permit. For more information, request dates for to future classes, the equipment list, and maps to the range, contact the coordinator at the Criminal Justice Academy at 863-784-7285 or visit our website at southflorida.edu/publicsafety. *Class will be held at SFSC CJA Firearms Range located at 12700 Arbuckle Creek Road, Sebring, FL 33870.

PATH TO WELLNESS

EMPOWERING INDIVIDUALS TO TAKE CHARGE OF THEIR HEALTH







South Florida State College's path to wellness offers a variety of courses aimed at enhancing and supporting health through integrative healing therapies and wellness techniques.

Many people today experience ongoing pressure without fully understanding or recognizing it. The notion of being "crazy busy" is often seen as a badge of honor, but it can have detrimental effects on your well-being. In the **Self-Care** course, you will gain an understanding of self-care and its relationship to your overall health. You will also learn simple strategies to combat stress and its negative impact on your body, enabling you to create your own self-care routines.

The **Mindfulness Meditation** course teaches you how to recognize when stress is beneficial and when it becomes detrimental. You will explore the concept of mindfulness meditation and its ability to alleviate stress. The main focus is to empower you to make more skillful lifestyle choices that effectively reduce stress.

The **Holistic Healing** course delves into the mind-body connection and energy healing. It explores the principles of alternative, holistic, and integrative medicine, which have deep roots in various healing traditions spanning thousands of years. Learn about the benefits of combining the external, physical, and technological advancements of medicine with the internal, nonphysical exploration of healing.

DISCOVER ALTERNATIVE APPROACHES TO WELLNESS

THIS PROGRAM IS OFFERED TO BUSINESSES AND ORGANIZATIONS OF 8 OR MORE EMPLOYEES! FOR MORE INFORMATION: Corporate and Community Education Tina Gottus: 863-784-7466 | corporatetraining@southflorida.edu

SFSC Corporate & Community Education

Serving Highlands, Hardee and DeSoto counties for over 50 years!



Highlands Campus

600 West College Drive Avon Park, FL 33825 863-453-6661

Hardee Campus

2968 U.S. 17 North Bowling Green, FL 33834 863-773-3081

DeSoto Campus

2251 N.E. Turner Avenue Arcadia, FL 34266 863-993-1757

Lake Placid Center

500 East Interlake Boulevard Lake Placid, FL 33852 863-465-3003

South Florida State College is an equal access/equal opportunity institution.

South Florida State College is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) to award the associate and baccalaureate degree. Contact SACSCOC at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of South Florida State College.