



## SOUTH FLORIDA STATE COLLEGE CROSS COUNTRY 2024 FALL SCHEDULE

<u>DAY</u>	<u>DATE</u>	<u>OPPONENT</u>	<u>LOCATION</u>	<u>TIME</u>
Fri.	Aug. 23	Daytona Beach Relay (Scrimmage)	Daytona Beach	6:45 p.m.
Fri.	Aug. 30	UCF	Orlando	5:00 p.m.
Sat.	Sept. 7	SEU Fire Invitational	Lakeland	8:00 a.m.
Fri.	Sept. 13	North Florida XC Invitational	Jacksonville	8:00 p.m.
Sat.	Sept. 21	Embry Riddle	Daytona	TBA
Fri.	Sept. 27	Florida State Pre Regional	Tallahassee	8:20 a.m.
Sat.	Oct. 5	Ave Maria Invitational	Ave Maria	8:15 a.m.
Fri.	Oct. 25	Region 8 Championship	Tallahassee	TBA
Sat.	Nov. 9	*NJCAA 5K Championship	Virginia	TBA

\*Denotes championship races